

Vidya Prasarak Mandal's **R Z Shah College Of Arts, Science & Commerce**

Mithagar Road, Mulund East, Mumbai 400 081

Affiliated to University of Mumbai

Accredited by NAAC Grade "A"

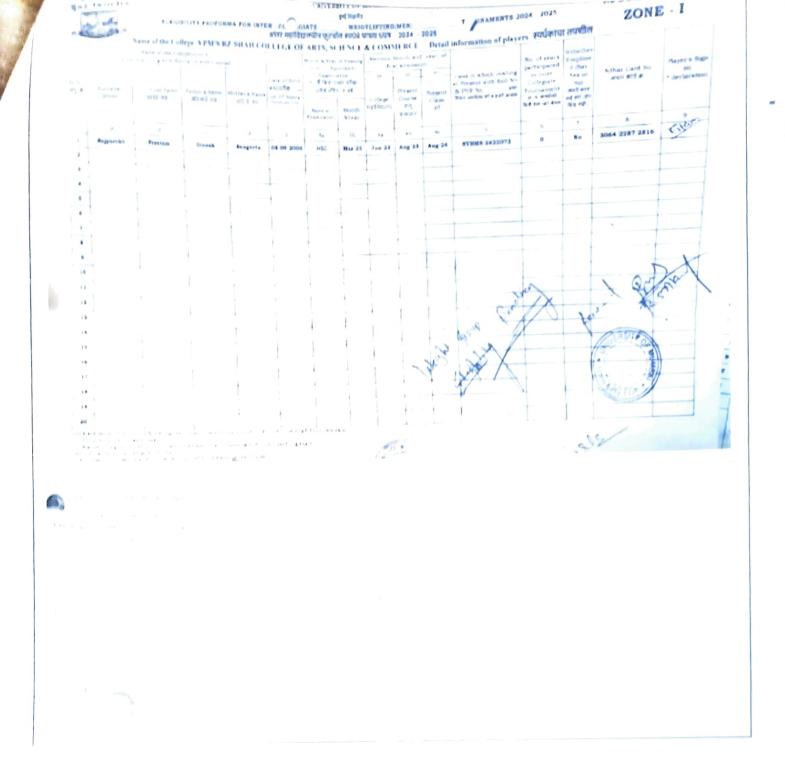
Report of Event / Programme

| Name of the Department/s / Committee/s | Sports Committee | | | |
|--|---|---|-----------|--|
| Name of the Convenors | Mrs. Anjaneeka Uday <u>University of Mumbai, Mumbai City Zone 1, Inter –</u> <u>Collegiate Weight Lifting Competition, 2024</u> | | | |
| Title of the Event / Programme | | | | |
| Date / Period of Event / Programme | | | | |
| Venue of the Event / Programme | 12 th December,2024 | | | |
| Number of Student Programme | R.D. National College,Bandra | | | |
| Number of Student Participants Description of the Event | Male:01 | Female: 00 | Total: 01 | |
| | Weightlifting Co categories, held College in Bandu displayed reman determination, s demanding spon and power, leav competitors' ski passionately for encouraging atm of discipline, res participants and | The University organized an exciting Inter-Collegiate Weightlifting Competition for men's and women's categories, held on November 12th, 2024, at R.D. National College in Bandra. Participants from various colleges displayed remarkable strength, technique, and determination, showcasing their dedication to this demanding sport. Each lift demonstrated incredible focus and power, leaving the audience in awe of the competitors' skills. Enthusiastic supporters cheered passionately for their teams, creating a vibrant and encouraging atmosphere. The event celebrated the values of discipline, resilience, and sportsmanship, leaving both participants and spectators with unforgettable memories of the thrilling competition. | | |

Geo-tagged Photos & Poster







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Mrs. Anjanceka Uday Committee Convenor

Mrs Rajashree Prabhu IQAC Coordinator

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Dr Barkha Shamnani In-Charge Principal

College Scal: